

OCCUPATIONAL THERAPY ASSISTANT (OCTA)

OCTA 1000 - Introduction to Occupational Therapy (2 Credits)

This course provides an overview of occupational therapy that includes the history, philosophy and theoretical foundations of the profession, as well as current issues in the field. Topics include: treatment models; factors contributing to health, wellness and dysfunction; and the impact of multicultural factors in treatment. The relationship of the certified occupational therapy assistant to other health professionals is explored. Professional standards and ethics are addressed, including state regulations, credentialing requirements and membership in professional organizations.

Lecture: 2 hours

OCTA 1010 - Fundamentals of Treatment I (4 Credits)

This course covers collaboration with the occupational therapist in data gathering, evaluation, treatment planning and treatment implementation designed to improve occupational performance. It offers experiential learning in the analysis, selection, use, adjustment, adaptation and fabrication of assistive devices, as well as appropriate documentation of all aspects of the therapy process.

Lecture: 3 hours, Lab: 3 hours

Prerequisite(s): RHAB 1030 (may be taken concurrently)

Corequisite(s):OCTA 1070

OCTA 1030 - Fundamentals of Treatment II (4 Credits)

This course approaches the concept of activity analysis through the definition of occupational performance areas, task components and occupational challenges. Individual and group activities are analyzed and graded in the context of relevant occupational environments.

Lecture: 3 hours, Lab: 3 hours

Prerequisite(s): RHAB 1110 and OCTA 1010 and RHAB 1030 and OCTA 1070

Corequisite(s):OCTA 1040, OCTA 1050, OCTA 1060, OCTA 1080

OCTA 1040 - Gerontologic Occupational Therapy (3 Credits)

This course examines the aging process and offers an overview of medical conditions and precautions associated with treatment of the elderly client. Therapeutic modalities of treatment are practiced in the laboratory setting.

Lecture: 2 hours, Lab: 2.5 hours

Prerequisite(s): RHAB 1110 and OCTA 1010 and RHAB 1030 and OCTA 1070

Corequisite(s):OCTA 1030, OCTA 1050, OCTA 1060, OCTA 1080

OCTA 1050 - Pediatric Occupational Therapy (4 Credits)

This course examines the physical and social needs of the growing child and explores their impact on the learning and adaptation processes that accompany the development of performance skills. It includes an overview of diseases and disabilities that may affect children seen in school-based occupational therapy, accompanied by theory and practice as it relates to this population.

Lecture: 3 hours, Lab: 3 hours

Prerequisite(s): RHAB 1110 and OCTA 1010 and RHAB 1030 and OCTA 1070

Corequisite(s):OCTA 1030, OCTA 1040, OCTA 1060, OCTA 1080

OCTA 1060 - Level I Fieldwork (1 Credit)

This is the first clinical experience in which students participate. It consists of a combination of 40 hours of fieldwork in a variety of practice settings located within the Lifespan Health Care System.

Other: 35 hours

Prerequisite(s): RHAB 1110 and OCTA 1010 and RHAB 1030 and OCTA 1070

Corequisite(s):OCTA 1030, OCTA 1040, OCTA 1050, OCTA 1080

OCTA 1070 - Tests and Measurements for Occupational Therapy Assistants (2 Credits)

This course focuses on the methodology for joint measurement and manual muscle testing. Emphasis is placed on the study of the upper extremities.

Lecture: 1 hour, Lab: 2 hours

Prerequisite(s): RHAB 1030 (may be taken concurrently)

Corequisite(s):OCTA 1010

OCTA 1080 - Therapeutic Activity Group Skills (2 Credits)

Therapeutic activity groups are frequently used in physical rehabilitation facilities, nursing homes, mental health programs and wellness programs. This course provides students with an opportunity to explore the use of group activity for therapeutic effect. Students design their own group and conduct it in a community setting. There is an emphasis on occupational therapy framework and theory in designing groups.

Lecture: 2 hours

Prerequisite(s): OCTA 1010 and OCTA 1070 and RHAB 1030 and RHAB 1110

Corequisite(s):OCTA 1030, OCTA 1040, OCTA 1050, OCTA 1060

**OCTA 2010 - Psychosocial Occupational Therapy
(4 Credits)**

This course reviews psychiatric disorders and the interdisciplinary approach to the treatment of conditions commonly exhibited in clients referred to occupational therapy in a mental health setting. Topics of discussion include: clinical description and etiology of mental health diagnoses; use of the clinical team; legal issues; nomenclature; and alternatives to hospitalization, including outpatient programs; supervised living apartments; group homes and case management. Use of therapeutic groups and 1:1 interventions and treatment are practiced in lab.

Other: 6 hours

Prerequisite(s): OCTA 1030 and OCTA 1040 and OCTA 1050 and OCTA 1060 and OCTA 1080

Corequisite(s):OCTA 2020

**OCTA 2020 - Physical Rehabilitation and Health
(4 Credits)**

This course teaches techniques for management of physical dysfunction cases typically referred to occupational therapy. Topics include screening, evaluation, treatment planning and implementation, interventions and prevention techniques as utilized by occupational therapy assistants in a variety of clinical settings. Supervision concepts and reimbursement systems are discussed. Therapeutic intervention and treatment modalities are practiced in the laboratory setting.

Lecture: 3 hours, Lab: 3 hours

Prerequisite(s): OCTA 1030 and OCTA 1040 and OCTA 1050 and OCTA 1060 and OCTA 1080

Corequisite(s):OCTA 2010

**OCTA 2030 - Occupational Therapy Assistant Fieldwork IIA
(4 Credits)**

This course is an eight week placement in a clinical site. Under the supervision of licensed occupational therapists, students apply clinical reasoning skills which they have learned in the Occupational Therapy Assistant Program to individuals and groups. This fulfills one half of the requirement for level II fieldwork as required for graduation from the Occupational Therapy Assistant Program and meets the accreditation standards set by the Accreditation Council for Occupational Therapy Education.

Other: 35 hours

Prerequisite(s): OCTA 2010 and OCTA 2020

Corequisite(s):OCTA 2035, OCTA 2040

**OCTA 2035 - Occupational Therapy Assistant Fieldwork IIB
(4 Credits)**

This course is an eight-week placement in a clinical site. Under the supervision of licensed occupational therapists, students apply clinical reasoning skills which they have learned in the Occupational Therapy Assistant Program to individuals and groups. This fulfills one half of the requirement for level II fieldwork as required for graduation from the Occupational Therapy Assistant Program and meets the accreditation standards set by the Accreditation Council for Occupational Therapy Education.

Other: 35 hours

Prerequisite(s): OCTA 2010 and OCTA 2020

Corequisite(s):OCTA 2030, OCTA 2040

**OCTA 2040 - Occupational Therapy Assistant Fieldwork Seminar
(2 Credits)**

This course consists of lecture, demonstration, group discussion, student presentation and fieldwork assignments that are designed to assist students with transitioning from the classroom to the clinic setting. It allows students to share their fieldwork experiences with peers, expanding the knowledge base that each student will take into employment.

Lecture: 2 hours

Prerequisite(s): OCTA 2010 and OCTA 2020

Corequisite(s):OCTA 2030, OCTA 2035