

THERAPEUTIC MASSAGE - CERTIFICATE



TMSC

Newport County Campus, Newport

CCRI's Massage Therapy Certificate Program combines a strong scientific basis for the understanding and application of various soft tissue massage therapy techniques, with high standards in professional development. The intensified evening weekend program is a 800-hour, 38-credit curriculum leading to a Massage Therapy Certificate. Our program is accredited by the Commission on Massage Therapy Accreditation (COMTA). The program emphasizes ethics, clinical assessment, critical thinking, and entrepreneurship. Students are prepared for the Massage and Bodywork Licensing Exam (MBLEx), overseen by the Federation of State Massage Boards, to apply for a license to practice massage in the state of Rhode Island. The program can be completed in 12 months.

Students must be able to perform basic massage techniques and demonstrate the ability to give and receive a therapeutic massage treatment. Student must be at least 18 years old prior to taking Introduction to Therapeutic Massage (TMSG 1000). **Note:** Many courses require prerequisites, corequisites and/or testing. See course descriptions for details.

General Policies

See important general policies in the beginning of this section on the performance-based Health Sciences application process, academic progress, advanced placement, background check, CPR certification, health insurance, health records, reinstatement, transportation, uniforms, and equipment.

Minimum Requirements to Apply to the Therapeutic Massage Certificate Program

1. **CCRI application** – Complete and submit a CCRI Application for Enrollment. General Studies should be the first choice; pre-Therapeutic Massage Certificate Program (TMSC) should be the second choice.
2. **High school transcript** – An official copy of the applicant's high school or GED® transcript, including date of graduation or, if the applicant holds a baccalaureate degree from an accredited college or university, the high school transcript may be waived; a college transcript must indicate completion and degree awarded
3. **CCRI uses a multiple measures** approach to determine admission into Health Science programs (For example: High School and GED® transcripts, SAT, ACT, HESI A2 or ACCUPLACER scores). Placement can also be determined by taking college level English and Math courses. Anyone with a degree from a regionally accredited higher education institution may have this requirement waived following submission of the official college transcript. If using ACCUPLACER, the following guidelines are used:
 - **Placement testing** – Complete a standardized test (ACCUPLACER NEXT GENERATION) issued by CCRI's Advising Center.
 - **Reading comprehension** – Competency of 250 or above is required for reading comprehension or completion of Reading and Study Skills Program (ENGL 1002) with a grade of B- or better

4. **Complete the following course** with a grade of C or better:
 - a. Human Anatomy & Physiology I (BIOL 2201)
 - b. Introduction to Therapeutic Massage (TMSG 1000)
5. **Age requirement** – Must be 18 years of age or older to register for Introduction to Therapeutic Massage (TMSG 1000)
6. **GPA** – Earn a cumulative grade point average of 2.0 or better for all college courses taken.
7. **Health Sciences application** – Complete and submit performance-based Health Sciences application including a preadmission degree evaluation during the open enrollment period. The application and instructions can be found on the Admissions webpage (<https://www.ccri.edu/oes/admissions/>).
 - **Important:** All the above requirements must be completed satisfactorily **before** submission of performance-based Health Sciences application and do not guarantee acceptance to the program. At the time of admission, the student must meet the current admission requirements of the program. Students declining acceptance into the program for the semester offered must resubmit a performance-based Health Sciences application for the program and meet the current admission requirements. Once accepted into Therapeutic Massage certificate program, the student must attend a mandatory orientation conducted by the Allied and Rehabilitative Health Department.
8. **Background check** – Students are required to submit a background check when directed by notification from One Stop Student Services. Final acceptance to the program is dependent on the results of the background check.

Program Learning Outcomes

Upon completion of this program, a student will be able to:

1. Be skilled in a variety of therapeutic massage modalities as entry-level practitioners.
2. Demonstrate the ability to think critically and solve problems in a clinical setting.
3. Demonstrate the ability to communicate verbally and in writing.
4. Act as ethical and responsible members of the health care profession.
5. Demonstrate a strategy for successful practice, business or employment.
6. Demonstrate strategies to participate in professional activities and pursue personal professional development.

Certificate Requirements

Code	Title	Hours
General Education Requirements		
BIOL 2201	Human Anatomy & Physiology I Literacy; Scientific Reasoning	4
ENGL 1010	Composition I (or ENGL 1010A) Communication; Information Literacy	3
Subtotal		7
Major Requirements		
RHAB 1010	Medical Terminology for Rehabilitative Health	1
RHAB 1020	Fundamentals of Palpation and Body Movement Skills	3
RHAB 1030	Pathophysiology for Rehabilitative Health Practitioners	3
TMSG 1000	Introduction to Therapeutic Massage	2

TMSG 1020	Swedish Massage	5
TMSG 1030	Deep Tissue Massage	5
TMSG 2010	Sports & Repetitive Use: Recovery Techniques	4
TMSG 2020	Student Massage Clinic	3
TMSG 2021	Massage Practice Business Theory	2
TMSG 2500	Therapeutic Massage Clinical Internship	3
Subtotal		31
Total Hours		38

Recommended Course Sequence

Course	Title	Hours
Prerequisites		
BIOL 2201	Human Anatomy & Physiology I	4
TMSG 1000	Introduction to Therapeutic Massage	2
Hours		6
Year 1		
Semester 1		
ENGL 1010	Composition I (or ENGL 1010A)	3
RHAB 1020	Fundamentals of Palpation and Body Movement Skills	3
TMSG 1020	Swedish Massage	5
Hours		11
Semester 2		
RHAB 1030	Pathophysiology for Rehabilitative Health Practitioners	3
RHAB 1010	Medical Terminology for Rehabilitative Health	1
TMSG 1030	Deep Tissue Massage	5
TMSG 2021	Massage Practice Business Theory	2
Hours		11
Summer Session		
TMSG 2010	Sports & Repetitive Use: Recovery Techniques	4
TMSG 2020	Student Massage Clinic	3
TMSG 2500	Therapeutic Massage Clinical Internship	3
Hours		10
Total Hours		38